

Volume 31, No. 6 June 1999

Carolina country

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Alice Wilson is more than "one of the boys" – page 19

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North Carolina's electric cooperatives provide reliable, safe and affordable electric service to 750,000 homes, farms and businesses in North Carolina. The 27 electric cooperatives are each member-owned, not-for-profit and overseen by a board of directors elected by the membership.

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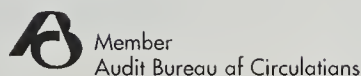
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Has your address changed?

Carolina Country magazine is available monthly to members of North Carolina's electric cooperatives. If you are a member of one of these cooperatives but do not receive Carolina Country, you may request a subscription by calling Member Services at the office of your cooperative. If your address has changed, please inform your cooperative.

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On the Cover

Arthel L. "Doc" Watson of Deep Gap, shown performing at Wilkesboro's "Merlefest." One of the most influential guitarists in American music history, Doc is also a proud member of Blue Ridge Electric Membership Corporation. Doc Watson Appreciation Day is on July 17 in Sugar Grove.

(Photo courtesy of N.C. Division of Tourism, Film and Sports Development)

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Ted J. Holyfield will retire June 1 as general manager of Surry-Yadkin Electric Membership Corporation in Dobson. On that day, he will have been working with the cooperative exactly 51 years, the last five as its general manager. This is an excerpt from his farewell column published in the EMC's March newsletter, "The Co-op News."

My Career With the Cooperative

By Ted J. Holyfield

On June 1, 1948, I was hired for temporary summer work at Surry-Yadkin EMC. The work has lasted 51 years.

When I began work, the cooperative was serving 3,232 members and had 781 miles of distribution line. We had two small distribution substations with a capacity of 750 kilovolt-amperes. Our EMC is currently providing service to more than 23,000 accounts with 3,400 miles of distribution line, 107 miles of transmission line, and 17 distribution substations with a total capacity of 135,000 kva.

I know of no other organization that has done more to improve the quality of life in the rural communities of America than the electric cooperatives.



Ted Holyfield (right) with Surry-Yadkin EMC's new general manager, Mike Beasley, who started out as a lineman with the EMC in 1972 and has held positions including service representative, member services and safety coordinator, and assistant manager.

I have seen many changes in our operations, ranging from making out monthly power bills by hand with pen and ink to the state-of-the-art computers, from digging poles and anchor holes by hand to modern hydraulic digger derricks. In 1948, linemen climbed the poles. Today, they use aerial towers and bucket trucks.

With all the technology that is ours to use, the greatest asset the cooperatives have remains their dedicated people. I have been privileged to work with the most conscientious and dedicated people in the world. Over the years, I have seen our system brought down with hurricane, ice, wind, and snow storms, and always our people have rallied together and accomplished the seemingly impossible in restoring electric service.

My career has been a rewarding one. I have seen the standard of living change in the rural communities of our service area from primitive living conditions to the most modern conveniences society has to offer. I am speaking from experience, because I was a teenager before my family received electric service. I know of no other organization that has done more to improve the quality of life in the rural communities of America than the electric cooperatives.

You own your cooperative, and you can have input on a local level as to the quality of service you receive. Your cooperative exists to serve you. What is best for the members has been and always will be best for the cooperative. Our commitment, our goal and our priority for the future is that of putting our members first, above all other things.

Cooperatives have qualified and dedicated people who live and work in their communities. The top priority of both the board of directors and personnel is to be responsive to all of your electrical needs and with a desire to improve the service.

In the future, you will continue to see changes and modernization occurring that will benefit day-to-day operations. I leave Surry-Yadkin Electric Membership Corporation as an employee with a feeling of confidence that the board of directors and personnel are committed to serving the membership with the highest quality.

Over these 51 years, I have made many friends and acquaintances in the cooperative field and also among our membership. These friendships will always be some of my most cherished treasures. I am able to call many of our members by their first name. It has been a pleasure and a privilege working with and for them, and I appreciate their support and cooperation.

Comments on the "See North Carolina" touring guide

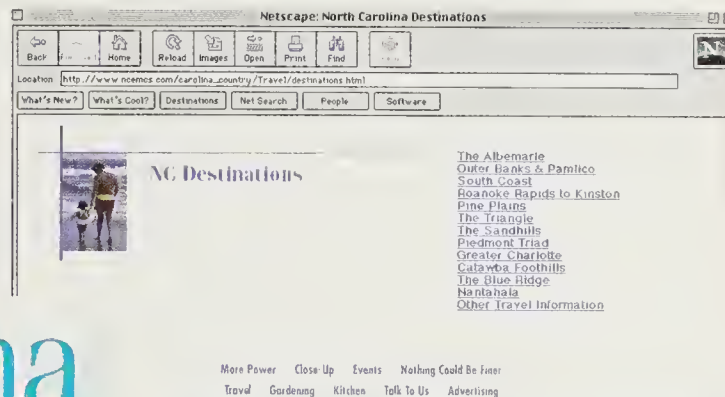
As we were going to press with this month's magazine, your comments began rolling in about the 80-page "See North Carolina" issue we produced for May. Here are some of them:

Rodney Young of Kittrell took the "scenic byway" that runs through the "Devil's Stompin' Grounds." While the byway through Chatham, Randolph and Moore counties is scenic, he said, the fabled "stompin' grounds" were littered with broken beer bottles when he and his son were there.

Robert L. Graham of Lincolnton told us that Carolina Freight Carriers in Cherryville is no longer the 10th largest hauler in the nation, because it was bought by a freight line out of Arkansas. Another reader told us that line is called ABF. Mr. Graham also mentioned that the Charlotte Motor Speedway is now called Lowe's Motor Speedway.

Sam Green said he's lived all his life in Franklin County and has never seen the Nantahala Mountains there, as our photo caption said. We meant to say that those mountains are seen from Franklin in Macon County, where photographer Hildegard Sandhusen lives and roams.

Steve and Kathy Mangus of Ocracoke (Hyde County) and another reader from Stanly County wondered why their counties and county seats were missing from Joyner's Corner's criss-cross



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puzzle. As we noted in its introduction, only 77 of the state's 100 counties and their seats could fit into that puzzle.

The Waterfowl Shop in Rodanthe pointed out that our photo of the Cape Hatteras lighthouse was flopped (stripes should spiral up counter-clockwise).

And, finally, Alyce Nadeau in Ashe County said the issue "is truly a 'keeper,' as predicted. My congratulations and appreciation for a beautiful, well-organized and most informative Carolina Country."

Visitor to www.ncemcs.com needs crape myrtle advice

First of all, I enjoy your layout and appreciate your efforts. I was hoping to tap into your expertise on gardening and ask for your sage advice. I am in the process of adding a pool to my back yard, and unfortunately I have a large crape myrtle smack dab in the middle of the future pool. I'd hate to resort to the extreme of cutting it down and would like to attempt relocating it to another part of the yard. All the articles I've read so far state to transplant in the fall when the growth is dormant, but what can I do to improve the odds of survival?

Steve Sargent
sargebama@aol.com
Tampa, Florida

1,000 recipes

I want to thank all the Carolina Country readers who asked about our cookbook. We have had several inquiries lately about whether we still have any left or will reprint it.

We do have about 100 left, and we do not plan to reprint it.

The book has 1,000 recipes and costs \$15 including shipping. Send orders to Sandy Ridge Church Cookbook, c/o Ella Mae Nichols, 131 Dove Dr., Taylorsville, NC 28681,

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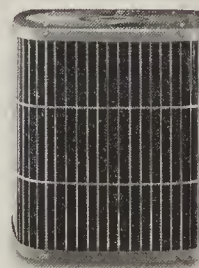
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EMCs elect statewide officers

North Carolina's electric cooperatives' statewide organizations elected officers at their annual meeting March 31.

Elected to head the board of directors of the statewide power supply cooperative, North Carolina Electric Membership Corporation, were: President James E. Mangum Jr. of Wake EMC, Vice President R.G. "Randy" Brecheisen of Piedmont EMC, and Secretary-Treasurer James B. Kinghorn Jr. of Edgecombe-Martin County EMC.

Elected to head the board of directors of the statewide trade association, North Carolina Association of Electric Cooperatives, were President Jimmy Burbage of Tideland EMC, Vice President Philip Wally of Union EMC, and Secretary-Treasurer Delbert Cranford of Randolph EMC.

Elected to head the board of directors of the statewide materials supply cooperative, Tarheel Electric Membership Association, were: President J. Henry Davis of Carteret-Craven Electric Cooperative, Vice President Harold R. Oates of Rutherford EMC, and Secretary-Treasurer Earl D. Andrews of Brunswick EMC.

More than 80% of electric cooperatives nationwide are on target for Y2K readiness by the end of this month

The nation's electric utilities show substantial progress in their Year 2000 (Y2K) readiness efforts, and most will be ready well in advance of the Y2K date rollover.

According to the latest assessment by the North American Electric Reliability Council (NERC), millennium-related date problems in most of the electric utility industry will be tested and fixed by June 30, 1999. In a report delivered to the U.S. Department of Energy, NERC expressed continued confidence that the lights would remain on come January 1, 2000.

Electric utility trade associations, including the National Rural Electric Cooperative Association (NRECA) and the North Carolina Electric Membership Corporation (NCEMC), continue to gather data for the quarterly reports to DOE, which the federal agency requested last year. NRECA's latest survey of the 858 electric cooperatives in that sector of the industry showed that 646, or 82 percent of the 794 electric cooperatives responding, expected to complete their readiness work by June 30. The remaining 18 percent reported that work to keep the lights on would be complete on or before December 31, 1999.

Reasons electric cooperatives gave for achieving readiness after June 30 included availability of computer software and other outside vendor upgrades after the June goal.

Different from the two previous quarterly surveys were questions included by NRECA to determine if its member cooperatives were having resource problems in achieving Year 2000 readiness. Only eight cooperative electric systems nationally indicated some problem with resources to fix the Y2K problem. All eight expected controls that keep the lights on to be ready by December 31, 1999-January 1, 2000, according to Ron Greenhalgh, NRECA chief engineer and chairman of the association's Year 2000 Task Group.

"The survey data show that cooperative electric utilities, large and small, rural and not-so-rural, are on schedule with remediation of the Y2K problem," said Greenhalgh.

The NERC report also showed that fewer than 3 percent of all components tested for the Year 2000 problem had required Y2K fixes; errors that had appeared had been mostly cosmetic or nuisance-type errors, such as incorrect dates in logs. "In nearly all instances, Y2K does not affect functions that keep the lights on in homes or businesses," NERC said.

Electric distribution systems may be "least sensitive to Y2K anomalies," according to NERC, because most equipment is mechanical, meaning there are relatively few digital controls and relatively few embedded chips.

Greenhalgh echoed this observation, adding, "Electric cooperatives, most of which are distribution-only utilities, have been working continuously with their power suppliers, regulators, grid operators, vendors and manufacturers to identify real and potential problems, test and fix critical systems, and then ensure their contingency plans are in place.

"We've been in the reliability business for more than 60 years and under the toughest conditions in the business. We expect to deliver the same reliable service in the year 2000 that we deliver now," he said.

NRECA is the national service organization representing the nation's nearly 1,000 consumer-owned electric cooperative utilities, which provide electric power to more than 32 million people in 46 states. The association's Web site www.nreca.org has more information on electric cooperatives and a link to the full NERC report.

Light Lines by Donna Hardy



The Cooperative Way

Keeping track of giant bluefin tuna

Carteret-Craven Electric Cooperative is helping to keep track of giant bluefin tuna by co-sponsoring a tagging program.

The Tag-A-Giant research program implants computer devices into mature bluefin tuna of 300 pounds or greater. The tags record information on the tuna's behavior as it moves through the Atlantic and logs a position for the fish every day in the memory of the tag.

Tags went on 150 of the giant fish. The average size of the bluefin tagged was 350 pounds, the size at which these fish mature. The program was conducted off the North Carolina coast by researchers from Stanford University, the Monterey Bay Aquarium and the National Marine Fisheries Service.

The Carteret-Craven cooperative, based in Morehead City, is no stranger to programs that enhance the North Carolina coastal plain. It also is helping on a wetlands reclamation project on property it owns near the main office on Highway 24. Restoring wetlands in the White Oak River Basin is intended to address issues surrounding shellfish sanitation.

Carteret-Craven Electric Cooperative pursues a policy of working with government, institutional and private agencies toward environmental stewardship and to demonstrate how development and restoration activities can be integrated.

Maryland bill mandates electric rate cut

Maryland's legislature has passed a bill that mandates customer choice in electricity suppliers and a rate cut for all customers.

The legislation requires the state's Public Service Commission (PSC) to determine how big the rate cut should be.

Competition and customer choice will be phased in gradually, with a third of the state's residential customers having a choice of suppliers beginning July 1, 2000. The second third receives choice a year later, and the final third in 2002. All industrial and commercial customers will have the opportunity to choose beginning Jan. 1, 2001.

A Potomac Electric Power spokeswoman was quoted by the reporting service Energy.com as saying, "It's a bill that we can move forward with...we think it's going to strengthen Maryland industry."

A spokesman for Baltimore Gas & Electric (BGE) told Energy.com, "The mandated rate reductions still remain a concern to us."

The legislature specified a range of 3 percent to 7.5 percent in cuts, and there is little doubt that there will be heavy litigation over that issue.

The legislature gave a tax break to electric utilities by cutting the amounts they pay in personal property taxes by 50 percent. Utilities say this will make them more competitive with suppliers in surrounding states that tax utilities on sales instead of property owned.

The Public Service Commission will be in charge of spending \$18 million over three years to educate customers about choice.

Maryland is one of five states whose legislatures passed electric industry restructuring bills in April. The others were Arkansas, Delaware, Virginia and New Mexico.

Virginia's law will phase in retail choice beginning in 2007.

Clinton Administration introduces federal restructuring bill

As expected, the Clinton Administration has introduced a bill in Congress that would introduce competition in the electric utility industry nationwide.

In the House, the bill is one of the restructuring initiatives that will be considered by the Commerce Committee's Subcommittee on Energy and Power. That committee is chaired by Rep. Joe Barton (R-Texas) and includes Rep. Richard Burr, a Republican from Winston-Salem.

The Electric Consumers' Alliance, according to PR Newswire, reacted by saying "Washington should be listening to the states rather than dictating to them. A centralized-planning approach from Washington is less appropriate than a carefully-judged state-by-state approach."

At a forum sponsored by the National Rural Electric Cooperative Association, key Congressional aides said if Congress is to pass a bill, it will need to be sparing in mandates – and especially should avoid any federal mandate for the states to adopt retail electric competition.

"An all-encompassing bill won't get done," said the Senate committee aide who is in charge of preparing an electricity restructuring proposal on behalf of Sen. Frank Murkowski (R-Alaska), who chairs the Senate's committee that will consider the bill.

Glenn English, NRECA chief executive officer, reiterated NRECA's commitment to ensure that any federal legislation meet certain criteria to protect not only the cooperative form of doing business, but the consumer as well at all levels.

Some highlights of the Clinton Administration's bill are:

- Choice of supplier by January 1, 2003, with an opt-out provision for states and utilities that believe their consumers would be better served by another policy.
- Consumer protection through access to complete and easy to understand information.
- The federal Energy Regulatory Commission (FERC) is given authority to ensure that utility activities are consistent with the development of competitive wholesale and retail markets.
- Establishment and enforcement of mandatory reliability standards by an electric reliability organization, subject to oversight by FERC.
- Establishment of a \$3 billion public benefits fund to support funding for low-income assistance, energy conservation, consumer education, and research and development of clean and efficient technologies.
- Creation of a renewable portfolio standard that would require at least 7.5 percent of electricity sales to be generated from non-hydro-electric renewable sources.

No sweat

Does your refrigerator sweat in summer? Does it take on tiny condensation beads or drip a puddle near its door?

Whirlpool offers the following tips:

Cool the room temperature during warm, humid months. Air conditioning will dehumidify the surrounding air.

Check for a tight seal on the doors. A poor gasket allows cold compartment air to escape. You'll notice sweating around the door opening if this is the case.

Minimize moisture in the room. Some ways are to vent cooking vapors outdoors and to place the dishwasher away from the refrigerator.

Maintain proper freezing temperatures. Set the thermostat at around 0 degrees F. Lower temperatures increase the chance of sweating and also increase freezer run-time.



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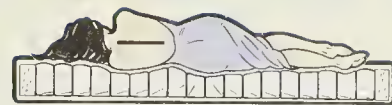
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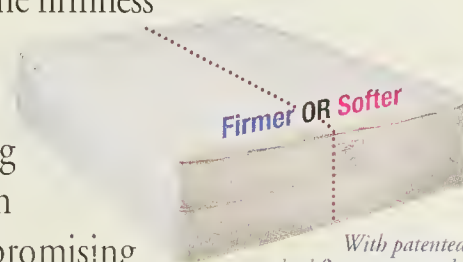


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Carolina Country Music



Bluegrass, gospel, mountain, beach, church, folk, Celtic, swing, rock, roll, symphonic, opera, blues. Of all the musical styles that echo throughout North Carolina, most of you believe we do country music best. That's the verdict that came in among some 200 letters we received on the theme "the finest North Carolina music I ever heard."

Of course, anything that rises from the Carolina countryside could be called country music, including honeybees humming, the creek rising or gulls arguing.

The author of "Country Music U.S.A., A Fifty-year History," Bill C. Malone, says, "Country songs convey a down-home approach to life and an elemental view of love, home and patriotism that are

absent from other forms of American music. In an age of computerized complexity, country music owes its appeal to the yearning for simplicity and rootedness that permeates modern American Society."

Amen.

Here then is a selection of your stories and thoughts on the subject. I wish we could have published more.

Next month we'll run your stories on "the finest safety lesson I ever learned." (Deadline was May 15.) For other themes, see page 15.

—MG

Pine Thicket Symphony

The finest North Carolina music I ever heard came from a pine thicket across the dirt road from the house where I was born. In that thicket was a small, one-room shack about 10 feet by 12 feet sitting on wooden blocks.

Sitting on our front porch some evenings, I would see a lamp begin to shine through the lone window of the little shack. Then the welcome of a set of footsteps ascending the steps to the door.

"Zat you, Luby?"

"Yeah, it's me and Tom. We saw Willie on the way, and he'll be coming as soon as he finishes feeding his hogs. He's gonna bring the jug."

Then the warm-up tuning of the guitar, a fiddle, a banjo, a harmonica. And after awhile that little old shack was ringing with "The Wabash Cannonball," "I'm Walking the Floor Over You," and all of the Grand Ole Opry hits of the late '30s.

Amidst the foot-stamping and the twanging and the attempt at singing a few notes, I could hear, "I got you now, you old rascal!" Then, after finishing a number, they would hoot and holler and sometimes cheer one or the other, "You sure got it going tonight, Tom!"

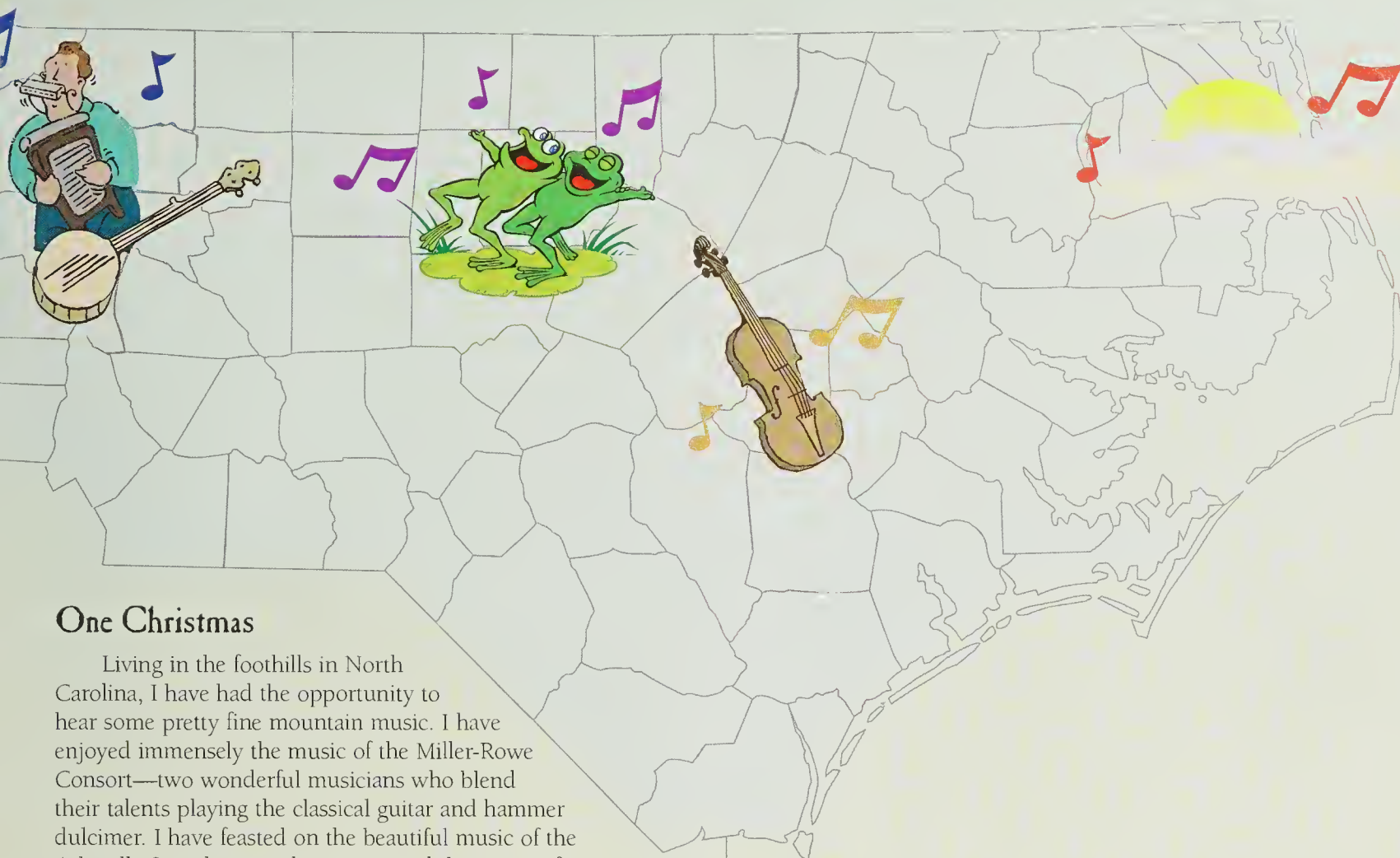
Sometimes they would get to cussing a little, after the jug had been passed around several times, and Daddy would call bedtime on me.

That group of farmers, in their overalls and brogans, never posed a threat to Roy Acuff, Eddie Arnold or Tennessee Ernie Ford. Except for a few square dances, they never played anywhere other than that shack. But the music still rings in my memory as the symphony in the pine thicket.

William G. Garriss
Dudley

Tri-County EMC member





One Christmas

Living in the foothills in North Carolina, I have had the opportunity to hear some pretty fine mountain music. I have enjoyed immensely the music of the Miller-Rowe Consort—two wonderful musicians who blend their talents playing the classical guitar and hammer dulcimer. I have feasted on the beautiful music of the Asheville Symphony and even enjoyed the music of two aging, tie-dyed hippie-types playing music from the 1960s and celebrating an era gone by.

But even with all of this, there was a special day that rises above them all when my then 8-year-old daughter was invited to play her violin at a friend's Christmas party. I don't think my heart has ever been so full or so proud. It was, at that moment, the finest North Carolina music I ever heard.

*Leanne Ely
Tryon
Rutherford EMC member*

The Music of the Frogs

My son and I relocated to North Carolina after a prolonged period of sad events in our lives in Ohio. I was offered a position as a caregiver to a terminally ill patient in rural Cumberland County. My son found playmates, but I felt lonely and isolated, compounding the difficulty of the around-the-clock physical and emotional demands of my private-duty case.

On Valentine's Day, I got an afternoon break and decided to hike along a road near Gray's Creek. That was when I heard the glorious music of the frogs. There must have been hundreds of them. I stood very still, scarcely breathing, memorizing the moment, and allowing myself to enjoy the "harmony." Slowly, the courage to enjoy life again, too, took hold.

Seven years have passed. We prospered and established our home in Granville County. Every spring, I put on my hiking boots and seek out new trails. And as I walk, I listen for the music of the frogs.

*Jane Heaton Sides
Creedmoor
Wake EMC member*

Mr. Blackman's Banjo

It was a warm spring evening, and I wanted to learn how to play my new second-hand banjo. Billy Martin, my friend who had a guitar, knew an old farmer who could play the banjo. That afternoon we went to see Mr. Blackman.

Carrying our instruments, we knocked on the door. Mr. Blackman came to the door looking as if he had just come from tending his crops. His face was unshaven and his bib overalls needed washing. He seemed pleased that we wanted him to play his banjo for us. He had a warm smile that instantly put you at ease.

He picked up his old five-string banjo from the living room couch. The skin facecover was stained from years of use. Before starting, the old fellow had to put a chew of chewing tobacco in his mouth with a coffee spit-can nearby. Chewing and humming, he began playing.

The strings of that old banjo began to sing, and I'll never forget how it inspired me to learn to play myself. To this day I've never heard "Wildwood Flowers" played as well as it was then.

*Lee Dietz
Lexington
EnergyUnited member*

A North Carolina Morning

It was morning, and I could hear its song. The most beautiful song I ever heard: a North Carolina morning.

I was dying. I had cancer. I was fighting for every breath, every moment, anything and everything. A morning, when I would awake to a new day, meant I had beaten the cancer for one day. For one day I had won the battle for my life.



So I would listen to the sound of my victory: a North Carolina morning. You will never know how beautiful it sounds until you know just how very precious it is.

Jessica E. Bascomb

Maxton

Lumbee River EMC member

Outside the Dairy Queen

The finest NC music I ever heard was in Cherokee, N.C., in the summer of 1995 outside of the Dairy Queen under a beautiful, yellow, full moon.

That full moon lit up the sky as a large crowd gathered to listen to Robert Running Wolf and his band play and sing. There were young people, old people, locals and tourists. The one thing we all had in common was our smiles as we listened, clapped, sang along and clogged to the music. There was something for everyone: country, bluegrass, gospel and some old time rock and roll, too.

Truth is, Robert probably wasn't the best singer, and his band might have missed a few notes, but it didn't matter. What mattered was the feeling of being there that night with the warm breeze blowing, a few mosquitoes buzzing and Jonathan Creek providing the background music. Life is too short not to enjoy moments like that, when everything feels good and you feel that all is right with the world.

Last summer we went back, hoping for a repeat, and found that the Dairy Queen had been torn down. We were sorry to see it gone, but we'll never forget that music in the mountains of North Carolina.

Denise Onley

Elizabeth City

Albemarle EMC member

The Sugar Loaf School 4th Graders

As a fourth grade teacher at Sugar Loaf School in Alexander County, it has been my responsibility for 27 years to teach North Carolina geography, heritage, people, facts and symbols to my students. Several years ago, I chose to reinforce what the students were learning with songs for and about North Carolina. Each week, I have a faithful volunteer, Mrs. Linda Barnette, who plays the piano for my class to sing traditional North Carolina songs as well as songs with lyrics I have written to reinforce North Carolina symbols and facts.

The finest North Carolina music I've ever heard is that sung by my fourth graders each May as they perform for their parents in a PTO program. My heart swells as they proudly sing of their North Carolina heritage. "The Old North State," "Carolina in the Morning," "I like Callin' North Carolina Home," "I'm a Carolina Tar Heel," "The Land of the Long Leaf Pine," "The Ballad of Tom Dooley" and "Carolina Calling." And from the lyrics written especially to reinforce North Carolina facts and symbols: "Ain't NC Sweet,"

"Yes Sir, That's North Carolina," "NC Symbols," "NC Products," and the "NC Counties Song."

However, the biggest thrill I have is when they sing "She's a Grand Old State!" They proudly sing the lyrics "She's the good Old North State" and "from the mountain skies to the coastal tides and the piedmont along the way!"

What could be finer than hearing the voices of North Carolina children—our future North Carolina leaders.

Gayle Childers Parker

Moravian Falls

EnergyUnited member

Passing It On

Bluegrass has been the soul of music to several generations of North Carolinians. However, I did not see it that way for the early part of my 45 years. We six children, packed into the station wagon with our parents on yet another trip to visit some distant relative, would whine and fuss when the country radio station crooned out another of Pop's favorites. After all, rock-n-roll was coming of age, and my older brother and sister had their image to think about.

Well, all that changed when I met and married the best bluegrass banjo picker known (sure, I'm biased!) and learned to pick guitar rhythm to his fine lead. Now bluegrass is something we share for fun.

But it didn't become the best North Carolina music I'd ever heard until the night of our Halloween party two years ago when I looked around our picker's circle and saw my sons: Ethan on the banjo, Josh on the doghouse bass, and Isaac on the Dobro. Talk about your goose bumps! I had them from head to toe, along with a lump in my throat and pride in my heart.

Passing it on just makes a great thing even better.

Maryjane M. Myers

Union Grove

EnergyUnited member



Send us your stories and photos.

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When they choose a selection for publication, judges seem to like stories that are clearly expressed, from the heart, and full of North Carolina character. (Most of those we receive have some or all of these qualities, so choosing a few is difficult work.)

The Rules

1. Approximately 200 words or less.
2. Only one entry per household per month.
3. Typed or e-mail, if possible. Otherwise, make it legible.
4. Include your name, mailing address, electric co-op, and phone number.
5. If you want your entry returned, please include a self-addressed, stamped envelope. (We will not return others.)
6. We pay \$50 for each submission published in this series.
7. Send to Nothing Finer, Carolina Country, 3400 Sumner Blvd., Raleigh, NC 27616. Or by e-mail: carolina.country@ncemcs.com

The 1999 Themes

August	November
The Finest School Teacher I Ever Knew	My Favorite Holiday Memory
Any school.	Any holiday.
Deadline: June 15	Deadline: Sept. 15
September	December
The Best Story About a Country Fair	What We Can Do in 2000?
Where was it and what happened?	Your advice for the new year.
Deadline: July 15	Deadline: Oct. 15
October	
The Finest NC Photo	
N.C. people or place, color or B&W.	
Deadline: August 15	

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How to operate a portable generator safely

Y

ou can use a portable generator to supply electricity to your appliances if an emergency exists during a power outage. But if used improperly they can kill you and the people who are restoring power to your building. They also can damage the appliances you connect.

Home emergency generators are usually powered by gasoline, which must be properly handled as well.

Generator sizes vary. Common units can be from 8 to 14 horsepower and capable of handling from 4,000 to 8,400 watts (including starting surge requirements). Prices may range from \$800 to \$3,000.

Connecting a generator to the main electrical supply for your house requires the services of a qualified, licensed electrician. Installing the connection and switch (as explained below) can cost \$600 to \$1,000.

Before connecting the generator to your household circuit, notify your electric cooperative.

EXTENSION CORDS

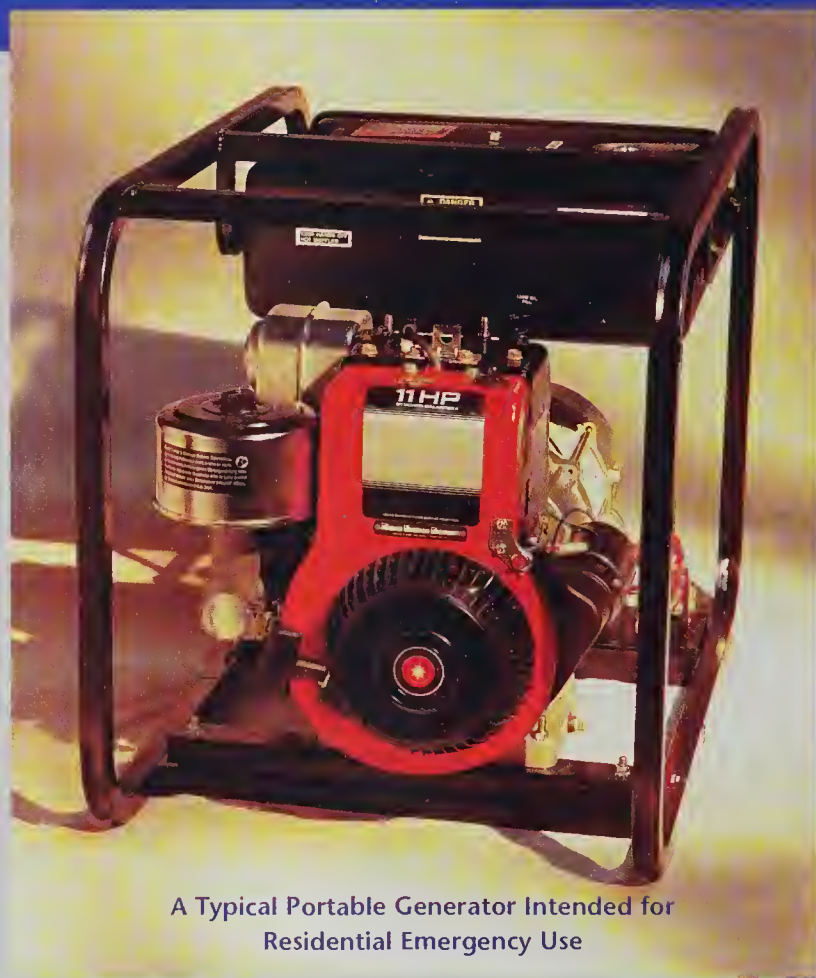
When using an appliance or tool at a considerable distance from the generator, a 3-wire extension cord that has a 3-blade grounding plug and a 3-slot receptacle that accepts the tools plug should be used. A cord of adequate size must be used.

WARNING:

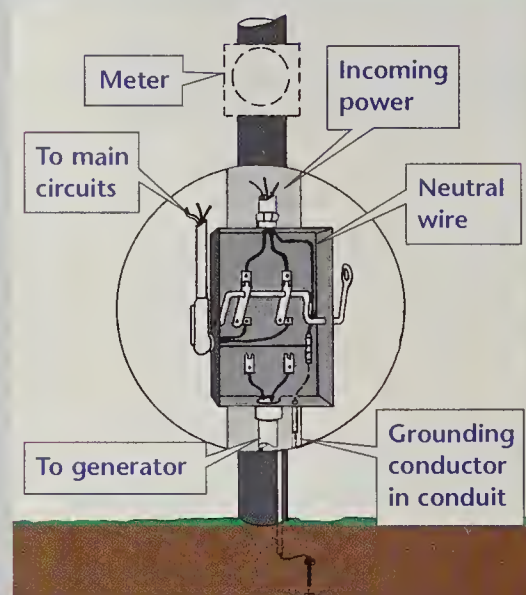
If you connect a portable electric generator to the main electrical supply coming into the house, the electrical generator could feed back into your electric cooperative's system and electrocute workers who are repairing the electrical lines.

To avoid back-feeding of electricity into utility systems, you must have a qualified, licensed electrician install a double-pole, double-throw transfer switch (see illustration) between the generator and utility power in compliance with all state and local electrical codes. (A minimum of 10-gauge wiring must be used.)

Your generator might not be large enough to handle the load of all the lights, appliances, TV, etc. at one time. To prevent dangerous overloading, calculate wattage requirements correctly (see chart on next page).



A Typical Portable Generator Intended for Residential Emergency Use



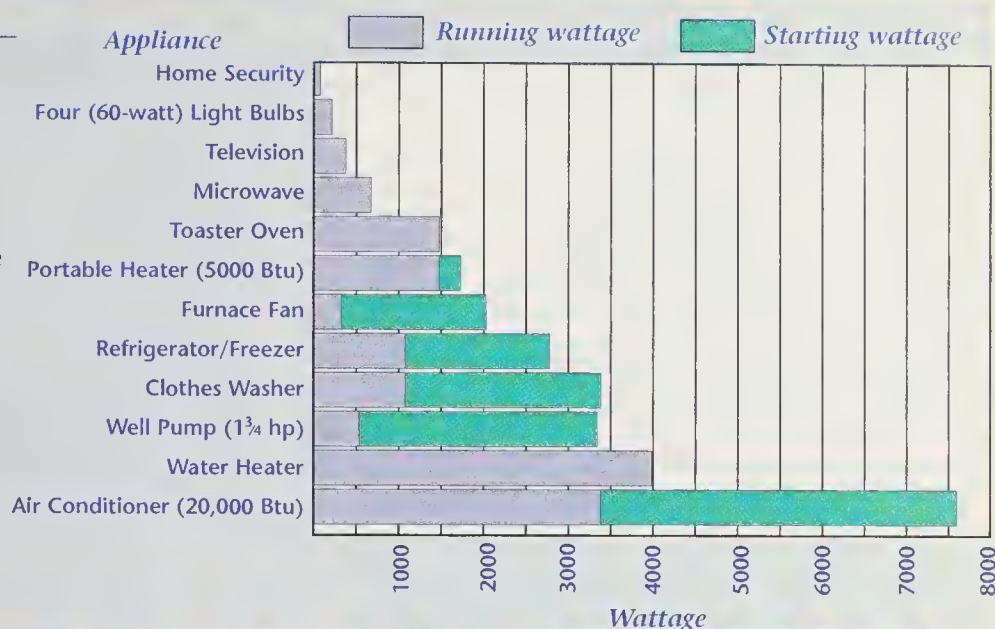
Typical Double Pole, Double Throw Transfer Switch Installation for 120/240 V, Single-Phase Service

DETERMINING WATTAGE REQUIREMENTS

Never exceed the rated capacity of your generator. Overloading can cause serious damage to the generator or appliances. Before operating a generator, list all of the appliances that are going to operate at the same time. Then determine the starting wattage requirements and the running wattage requirements. The starting load lasts only for a few seconds, but is very

important when figuring your total wattage to be used. Your generator must be rated to handle the total wattage.

Ratings shown here are samples. Wattage requirements vary with different brands of appliances. Be sure to check the name plate on the appliances you plan to use. Always start your largest electric motor first, then plug in other items one at a time.



If you do this

This could happen

Unless you prevent it

- | | | |
|--|---|--|
| 1. Attempt to connect generator directly to the electrical system of any building. | 1. You can kill or injure a person repairing service lines. The electricity you generate will back feed through the building's electrical system to the outside utility feed lines. Attempting to connect to the incoming utility service could result in electrocution.
If your electric cooperative's line crew is restoring electrical service while your generator is connected to the incoming utility service, you could start a fire or seriously damage your building. | 1. A qualified, licensed electrician must install a double-pole, double-throw transfer switch to connect the generator to a building's electrical system. This is required by the National Electrical Code. Connection must meet local ordinances. A minimum of 10-gauge wiring must be used. |
| 2. Fail to ground the generator's electrical system adequately. | 2. Entire generator could become electrically charged and cause electrocution. | 2. Make sure that the unit is connected to an appropriate electrical ground, in accordance with the National Electric Code. Follow instructions supplied with the generator. |
| 3. Operate generator in rain, wet, icy or flooded conditions. | 3. Water conducts electricity. If water which comes in contact with electricity to the generator's frame and other surfaces, it will cause an electrical shock to anyone contacting them. | 3. Operate generator in a clean, dry, well ventilated area. Make sure your hands are dry. |
| 4. Use worn damaged, undersized or ungrounded extension cords. | 4. Contact with worn or damaged extension cords could cause electrocution. Undersize extension cords could overheat wires or attached items, resulting in fire. Use of ungrounded cordsets could prevent operation of circuit breakers and result in electrical shock. | 4. Inspect extension cords before use and replace with new if required. Use proper size (wire gauge) cordset for application. Follow instructions supplied with your unit. Always use electrically grounded cordsets. |
| 5. Attempt to fill the fuel tank while the engine is running. | 5. Gasoline and gasoline vapors can become ignited by coming in contact with hot components such as the muffler, engine exhaust gases or from an electrical spark. | 5. Turn engine off and allow it to cool before adding fuel. Make sure there's a fire extinguisher in the immediate area certified to handle gasoline or fuel fires. |
| 6. Fail to ventilate generator by operating in an enclosed area. | 6. Obstructing ventilation causes overheating and possible ignition of the materials. You will produce toxic carbon monoxide exhaust fumes from the engine. Breathing exhaust fumes will cause serious injury or death. | 6. Operate generator in a clean, dry, well ventilated area. Keep objects away from unit during operation. Do not operate unit in a confined area, such as garages, basements, storage sheds, etc., which lack a steady exchange of air. Never operate unit in a location occupied by humans or animals. Keep children, pets and others away from where it's operating. |
| 7. Tamper with factory set engine speed settings. | 7. Tampering with the engine speed adjustment could result in overheating of attachments and could cause a fire. | 7. Never attempt to "speed-up" the engine to obtain more performance. Both the output voltage and frequency will be thrown out of standard by this practice, endangering you and the attachments. |

Meet Some *Happy* Vinegar Losers

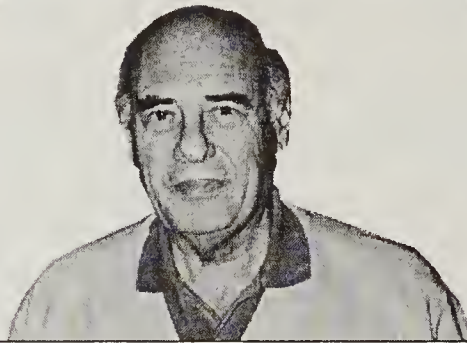
LOSES 30 POUNDS



"I dropped 30 pounds so fast it scared me!"

J.G., Sibley, IL

LOSES 97 POUNDS



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V.S., Meridian, MS

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She's More Than "One of the Boys," She's the President

By Michael E.C. Gery

You know how we always say that electric cooperatives light up the countryside. Well, for nearly 50 years, the Edgecombe-Martin County Electric Membership Corporation in Tarboro has known how to take that service a step further: they know how to light up a room.

When their board president walks into a room, the place lights up.

When Edgecombe-Martin County EMC sends Alice Wilson to the podium to welcome a new business to the area, or when they send her to the state legislature or to a statewide board meeting, whoever is there takes notice and listens. She has that kind of presence. When the year-old national electric cooperative branding program, Touchstone Energy®, needed someone to deliver its annual report before 10,000 people in California last spring, they chose Alice Wilson.

You'd hardly know that she is actually a modest, unassuming, generous, caring person with a good sense of humor.

Alice Edmondson graduated at the top of her Oak City High School class then worked a while with a local insurance agency. In 1950, the electric co-op in Tarboro needed a billing clerk and receptionist, and Mildred Magnum Cobb recommended Alice. In 1954, according to Alice, she made the best decision of her life by marrying J.F. "Sam" Wilson Jr. His businesses – tobacco, peanuts, gas, oil, real estate, automobiles, a country store – grew to the point where Alice went to work for him to keep the records straight "and let him go fishing more often." Then in the 1960s, she helped form a women's committee for the EMC along with Ruth Cherry and Ethel Gorham. (That committee ever since has been one of the most active in the state.) And in 1979 she was elected to the EMC's board of directors.

Today, Alice Wilson remains the first and only female president of a North Carolina electric cooperative. She's held that office twice before, first elected president in 1985. She also was the first female director to be president of the North Carolina Association of Electric Cooperatives, the statewide association that publishes Carolina Country.

This year marks her 20th on the EMC board. The summer after she was elected, Alice was asked to appear before the N.C. Utilities Commission to discuss the importance of nuclear-generated energy. Just as she focused on the changing nature of the power industry back then, she is in the midst of it again as the legislature considers restructuring the industry.

So you have to wonder what it's like in the boardroom when Alice steps in. According to her, "They have told me, 'Alice, you are one of the boys.' But they have always treated me like a lady." After all, she made her mark as head of the women's committee –

"The co-ops are big families. We are here to reach out and improve life for one another."



Alice Wilson and her husband, Sam (left).

a group now called the Volunteers Committee that works in the community on behalf of the cooperative – and she served in leadership positions on the state and national levels. Also, she's pleased

to have good company in those board meetings with another equally capable woman director.

And Alice Wilson knows her mission. "The co-ops are big families. We are here to reach out and improve life for one another."

It's like in the old days, she says, "when we finished putting in the tobacco by lunchtime, we would go and help our neighbors who were still at it. We share. We learn from one another."

There is not enough room here to mention all the people Alice says taught her a thing or two: her "mentors" Kitchin Benson and Gwyn Price, Pat Markas, Rudy Sexton, and Bill Crisp, the EMC board, and the board of the N.C. Rural Electrification Authority, where she was recently re-elected vice chair.

She shares her ability to light up places with more than the EMC. She works with the Johnson Memorial Presbyterian Church women, she chaired the Edgecombe County Democratic Party, was the first woman on the county planning board, a charter member of the Pilot Club of Tarboro, and helped form the Oak City Health Clinic. "God has blessed us in many ways," she says. "Sam and I have always been happiest when we are doing something for someone else."

"The Power of Human Connections" is a series that profiles the people at the heart of North Carolina's electric cooperatives. This is the first in that series

Compiled by Renee Gannon

Big Deals Coming Up

An Appalachian Summer Festival begins July 5

An Appalachian Summer Festival July 5-31 features artists such as actor Hal Holbrook ("Mark Twain Tonight!"), singer/songwriter Mary Chapin Carpenter, soprano Grace Bumbry and the Paul Taylor Dance Company, among other entertainers, performers, artists and local talent in a showcase of music, dance, theatre and visual arts. The festival is held on and around the campus of Appalachian State University in Boone. The 1999 festival is in conjunction with the Centennial Celebration of ASU, founded in July 1899.

Last year's festival attendance exceeded 25,000. Mary Chapin Carpenter is the headliner for the festival's Outdoor Fireworks Concert on Saturday, July 17 at 7:30 p.m., in Kidd Brewer Stadium. The concert is sponsored by Blue Ridge Electric.

Tickets for most festival performances are \$12-20 for adults, \$5-10 for students and \$2 for children under 12. Packages are available at discounted prices. Call the Farthing Auditorium Box Office at ASU at (828) 262-4046, or (800) 841-ARTS outside of the Boone area.

"World's largest flag" will fly on Flag Day in Gastonia

On June 14, America will celebrate Flag Day – a day for Old Glory. This year, the American Veterans from AMVETS Post 920 in Gastonia will dedicate the world's largest flying American flag on Saturday, June 12 at 1 p.m. The flag measures 114 by 65 feet and will fly from a pole 225 feet high. The event also features a military flyover, color guards from all the armed services and prominent officials.

For more information, call (704) 868-4674 or visit the Web site www.angelfire.com/nc/amvets/index.html.



Mary Chapin Carpenter performs July 17.

Old Salem will reenact the state's first official Fourth of July celebration

The first official celebration of the Fourth of July in the state of North Carolina, and second only to Massachusetts of the first 13 states, will be relived when Old Salem holds its 34th annual Torchlight Procession on July 4.

It was late in June 1783 when the Governor of the newly independent state of North Carolina proclaimed that July should be celebrated as a "day of Thanksgiving and peace." The records of the "Salem Diary" show that on July 4, 1783, the Salem settlement held a full day's events "for restoration of peace." It is also suggested that Salem was the only community in the state to do so. The Salem celebration ended when the citizens gathered after an 8 p.m. service to parade through the illuminated streets with music, antiphonal choral singing and a closing blessing.

This year, Old Salem will again celebrate a day of thanksgiving and peace July 3-4. Events include a reenactment of the peace-welcoming procession. Call (888) 653-7253 or (336) 721-7000. Or visit the Old Salem Web site at www.oldsalem.org.

Historic site celebrates 200 years since John Reed family found gold

The first gold rush wasn't in California, but in North Carolina. In 1799, a 17-pound gold nugget found on the John Reed family farm in Cabarrus County was the first documented gold find in the United States. After that, every creek and field in the region was eyed for gold. For the next 50 years, most of the gold coins minted in the country were made with N.C. gold, and gold mining became the second leading industry in the state.

To celebrate 200 years of gold, the Reed Gold Mine Historic Site in Stanfield will hold the Gold Bicentennial Festival June 19-20. Living history programs, music, dance and mining demonstrations are planned, as well as the opening of the play "Come Forth As Gold." The historic site also has special events planned throughout the year.

For more information about the Bicentennial Festival or other events planned in 1999, call (704) 721-4653.



Pick axes and wheelbarrows were essential mining tools.





Cape Hatteras Lighthouse move makes it on a T-shirt

To commemorate the historic move of the black-and-white spiral-striped Cape Hatteras Lighthouse, artist Kim Mosher designed a T-shirt to mark the relocation. The "History Moves South" design incorporates many local symbols: red drum, flying terns and clouds, a wave and a mermaid. The white, all-cotton T-shirt is available in sizes M-XXL for \$15.95 plus \$3 shipping (N.C. residents add 6 percent sales tax). Contact Hatteras Productions, PO Box 483, Avon, NC 27915. Or call (252) 995-4289.

Fishin' help from a "buddy"

A universal rule applies – being where the fish are is half the battle. Bottom Line's Fishin' Buddy 2200 and Fishin' Buddy 2250 take you where the fish live. The 1999 sonar unit is a portable, go anywhere, mount on anything, fish finding machine that spots fish easy and fast.

The machine weighs five pounds and runs 40 hours on three "C" batteries. It is the only specifically designed portable fish finder that operates as both a Sidefinder® and a depth finder. Both Buddy models have adjustable C-clamp mounting systems, multi-view screen, automatic operation, digital water temperature read, zoom/bottom track, adjustable night light, built-in simulator, multi-level Fish D'Tect, digital depth readout, audible fish alarm, auto ranging, background noise filter, permanent set-up memory and a one-year full warranty.

For more information on this Bottom Line product and others, write to Computrol, 499 East Corporate Drive, Meridian, ID 83642. Or call (208) 887-1000 or visit the Web site www.computrol.com.



Artistic Impressions



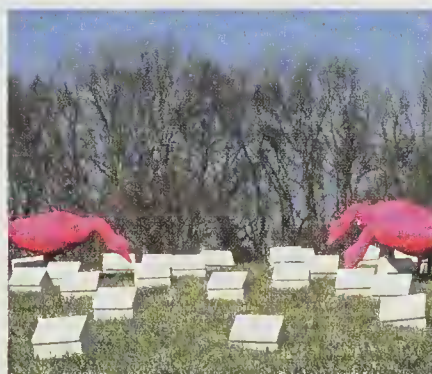
The performing arts center at the Shelton House.

High art in the highlands

For 15 years, the Haywood Arts Repertory Theatre has offered an array of performing arts events to the citizens of Haywood County and the surrounding area. For the last two years, performances have been held at the 250-seat Performing Arts Center at the Shelton House. About 25,000 people have seen more than 150 performances at the center.

This year, performances include "The Elephant Man" (June 4-13), "How to Succeed in Business Without Really Trying" (July 8-26), "One Flew Over the Cuckoo's Nest" (Aug. 20-29), "A Little Night Music" (Sept. 24-Oct. 10), "Cat on a Hot Tin Roof" (Nov. 12-21).

Contact the Haywood Arts Repertory Theatre, 250 Pigeon St., Waynesville, NC 28786. Or call (704) 456-6322.



"Disappear Forever," an installation by Steve Lockwood, is among the works of art by North Carolina artists exhibited June 13 – Aug. 8 at the North Carolina Museum of Art in Raleigh.

"Line Language"

The Mint Museum of Art in Charlotte is featuring "Line Language: Twentieth Century Figurative Drawings" from its art collection through June 20. The exhibition offers a spectrum of figurative interpretations (human and animal) expressed through a variety of media. Highlights include study drawings by sculptors such as Elie Nadelman, Chaim Gross, Ivan Mestrovic and Maurice Sterne. For more information, call the museum at (704) 337-2000.



Portrait of a Girl, by André Derain.

Video on the Internet

Early this decade, government officials, telecommunications executives and pundits talked excitedly about the "information superhighway." More than merely the Internet, it was envisioned as a high-speed network that would, among other things, deliver high-quality video on demand.

You would be able to watch specific news, sports and entertainment programs when you wanted to, day or night. And you would be able to interact with news reporters, sports figures, television and movie stars and fellow viewers.

With the advent of cable and DSL modems, we finally have the infrastructure

investor conferences, trade shows, stockholder meetings, product introductions, training sessions and distance learning courses.

"People are 20 to 40 percent more likely to stay, watch and buy a product or service by using audio and video instead of just text and graphics," says Stan Woodward, vice president of business services and multicasting for the company, which is based in Dallas.

Though Webcasting is primitive in its current state, a lot like the early days of TV, many people expect it to explode in sophistication and popularity in the years ahead, and there's a lot of investor interest.

In a deal that's pegged at a whopping \$5.7 billion, Broadcast.com is in the process of being acquired by Yahoo, the Web's most popular "portal" site. The value of the stocks of both companies shot up after the purchase announcement, as did other Webcasting companies, including RealNetworks, which supplies the most common video and audio software used by Webcasting sites.

There are other sites besides Broadcast.com to watch "streaming media" on your computer, including InternetTV, at <http://www.internettv.com>, RealNetworks' RealGuide, at <http://realguide.real.com>, Microsoft's Web Events, at <http://webevents.microsoft.com>, and NBC's Videoseeker, at <http://www.videoseeker.com>.

Intervu, at <http://www.intervu.com>, is a well-regarded producer of Webcasts for other Web sites, including Time Warner's CNN, financial news provider Bloomberg, and MSNBC, a joint venture of Microsoft and NBC.

With scheduled chats, instant messaging programs, Web discussion sites, Usenet and e-mail, the interactivity promised by the information superhighway is largely here. Video on demand will require technological breakthroughs.

The tricky part is that when it becomes popular, "the infrastructure may be crippled by the demand," says Gary Arlen, president of Arlen Communications, an interactive media consulting firm in Bethesda, Md.

In anticipation of this and other demands on the present Internet, work is already underway on its successor. Internet2, a cooperative project involving the U.S. government, more than 100 universities and selected private companies, is expected to lead to the development of improved technologies, including those for streaming media and videoconferencing as well as telemedicine and distance learning.

Perhaps the most intriguing technology being worked on is tele-immersion, which lets individuals at different locations share the same virtual environment. The implications include those for science, education, manufacturing and, of course, games.

You can read more about Internet2 at <http://www.internet2.edu>.

Reid Goldsborough is a syndicated columnist and author of the book "Straight Talk About the Information Superhighway." He can be reached at reidgold@netaxs.com or <http://members.home.net/reidgold>.



to begin approaching this vision of the future. But because these high-speed modem on-ramps are still scarce, and with other formidable technological challenges still to be overcome, there are many miles to go before the superhighway becomes reality.

The Web site Broadcast.com, at

<http://www.broadcast.com>, offers most people the single best venue to watch the digital video future arrive. As the most comprehensive "Webcasting" site on the Internet, it's both fascinating and almost comically rudimentary.

Impressively, you can view live programming from 50 TV stations and networks, some of it 24 hours a day. But the video appears in a small window on your computer screen, and even at cable modem speeds, the quality doesn't approach that of a 15-year-old TV set.

Broadcast.com also produces its own Webcasts, the most celebrated of which was a recent Victoria's Secret fashion show. Even though as many as 1.5 million people watched the models strut live in their underwear, many other people were unable to reach the site because of the company's overloaded servers and, most disturbingly, because of bottlenecks in the wider Internet backbone.

You can also watch archived "on-demand" programs about the arts, for children, about sports and business subjects. The selection, though, is meager in the extreme. Don't expect to see current shows or even "Seinfeld" reruns under the television-comedy category. Offerings include a handful of episodes from "The Lucy Show" and "Jackie Gleason's American Scene Magazine."

This museum atmosphere isn't all bad. I got a kick from watching Johnny Carson before his "Tonight Show" fame in his show "Carson's Cellar."

Webcasting isn't just fun and games. For businesses and other organizations, Broadcast.com can Webcast live and archived press conferences, earnings conference calls,

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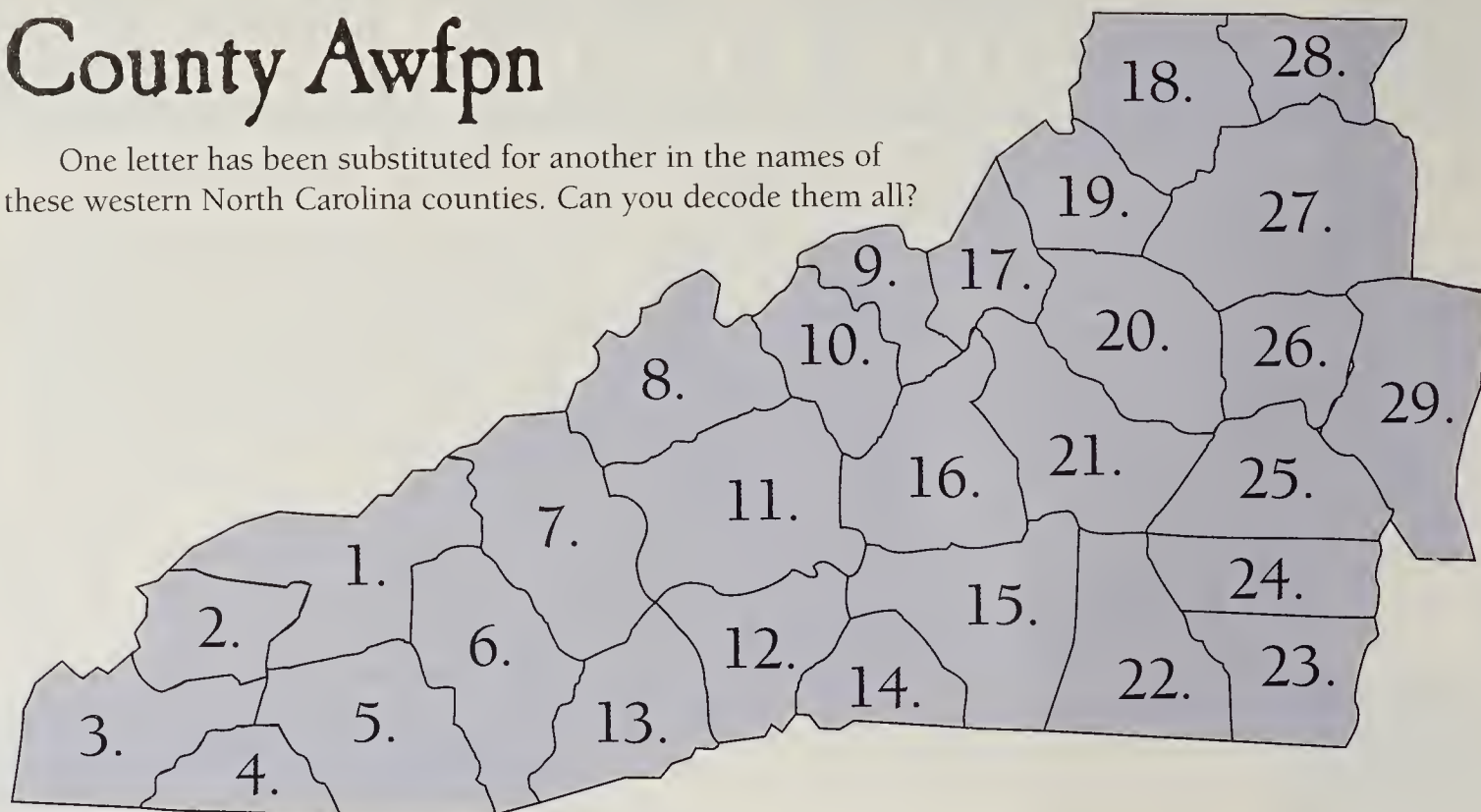
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County Awfpn

One letter has been substituted for another in the names of these western North Carolina counties. Can you decode them all?



- | | | | |
|--------------------|-----------------------------|-----------------------|-----------------------|
| 1. n q w r a | 9. f r o t d p g g | 17. w m p l s | 25. t w o w q y w |
| 2. z l w d w f | 10. s w a t p s | 18. w n d p | 26. w g p b w a i p l |
| 3. t d p l e j p p | 11. y h a t e f y p | 19. q w o w h z w | 27. q r g j p n |
| 4. t g w s | 12. d p a i p l n e a | 20. t w g i q p g g | 28. w g g p z d w a s |
| 5. f w t e a | 13. o l w a n s g m w a r w | 21. y h l j p | 29. r l p i p g g |
| 6. k w t j n e a | 14. u e g j | 22. t g p m p g w a i | |
| 7. d w s q e e i | 15. l h o d p l x e l i | 23. z w n o e a | |
| 8. f w i r n e a | 16. f t i e q p g g | 24. g r a t e g a | |

A manner of speaking

Just off I-40's Exit 20 west of Lake Junaluska in Haywood County is State Road 1350, better known to local residents as Rabbit Skin Road. Rabbit Skin Road travels through Iron Duff Township, which got its name through a misunderstanding in Washington. They don't speak southern up there.

One of the early settlers in this area of Haywood County was a Scot named Aaron McDuff, and the area was named Aaron Duff's Bend until the first local post office was established in 1873. In a petition sent to Washington the name Aaron Duff was suggested, but through a misunderstanding the word Iron was substituted for Aaron.

It would be fun to think the error came about in a telephone call, but Alexander Bell didn't demonstrate his contraption until three years later. At any rate, those early residents who couldn't read probably never knew the difference. To many of us in the mountains of North Carolina, the words Iron and Aaron sound pretty much the same. If Aaron McDuff was alive in 1873, I hope he never knew the irony of it all.

How Much Is X?

$$X \times N = AB$$

X times any digit N? _____

Deduct the digit N from 10: _____

B

Now then, you are almost done.

Reduce the digit N by 1: _____

A

A

B

You'll know you're right, and doing _____
If A and B add up to _____.

$$X = \underline{\hspace{2cm}}$$

Answers on page 37.



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MONTHLY RATES

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	Male	Female	Male	Female	Male	Female	Male	Female
20	8.34	8.34	12.50	12.50	25.00	25.00	45.84	45.84
21	8.34	8.34	12.50	12.50	25.00	25.00	45.84	45.84
22	8.34	8.34	12.50	12.50	25.00	25.00	45.84	45.84
23	8.34	8.34	12.50	12.50	25.00	25.00	45.84	45.84
24	8.34	8.34	12.50	12.50	25.00	25.00	45.84	45.84
25	8.34	8.34	12.50	12.50	25.00	25.00	45.84	45.84
26	8.34	8.34	12.50	12.50	25.00	25.00	45.84	45.84
27	8.34	8.34	12.50	12.50	25.00	25.00	45.84	45.84
28	8.34	8.34	12.50	12.50	25.00	25.00	45.84	45.84
29	8.34	8.34	12.50	12.50	25.00	25.00	45.84	45.84
30	8.34	8.34	12.50	12.50	25.00	25.00	45.84	45.84
31	8.34	8.34	12.50	12.50	25.00	25.00	45.84	45.84
32	8.34	8.34	12.50	12.50	25.00	25.00	45.84	45.84
33	8.34	8.34	12.50	12.50	25.00	25.00	45.84	45.84
34	8.34	8.34	12.50	12.50	25.00	25.00	45.84	45.84
35	8.34	8.34	12.50	12.50	25.00	25.00	45.84	45.84
36	8.38	8.34	12.59	12.50	25.21	25.00	46.25	45.84
37	8.42	8.34	12.67	12.50	25.42	25.00	46.67	45.84
38	8.46	8.34	12.75	12.50	25.63	25.00	47.09	45.84
39	8.50	8.34	12.84	12.50	25.84	25.00	47.50	45.84
40	8.55	8.38	12.92	12.59	26.05	25.21	47.92	46.25
41	8.59	8.42	13.00	12.67	26.25	25.42	48.34	46.67
42	8.65	8.46	13.09	12.75	26.46	25.63	48.75	47.08
43	8.67	8.50	13.17	12.84	26.67	25.84	49.17	47.50

MONTHLY RATES

Issue Age	\$50,000		\$100,000		\$250,000		\$500,000	
	Male	Female	Male	Female	Male	Female	Male	Female
44	8.71	8.55	13.25	12.92	26.88	26.05	49.59	47.92
45	8.75	8.59	13.34	13.00	27.09	26.25	50.00	48.34
46	8.96	8.65	13.75	13.09	28.13	26.46	52.09	48.75
47	9.38	8.67	14.59	13.17	30.21	26.67	56.25	49.17
48	9.80	8.71	15.42	13.25	32.30	26.88	60.42	49.59
49	10.21	8.75	16.25	13.34	34.38	27.09	64.59	50.00
50	10.63	8.96	17.09	13.75	36.46	28.13	68.75	52.09
51	11.05	9.38	17.92	14.59	38.55	30.21	72.92	56.25
52	11.46	9.80	18.75	15.42	40.63	32.30	77.09	60.42
53	12.09	10.21	20.00	16.25	43.75	34.38	83.34	64.59
54	12.71	10.63	21.25	17.09	46.88	36.46	89.59	68.75
55	13.55	11.05	22.92	17.92	51.05	38.55	97.92	72.92
56	14.38	11.46	24.59	18.75	55.21	40.63	106.25	77.09
57	15.21	12.09	26.25	20.00	59.38	43.75	114.59	83.34
58	16.05	12.71	27.92	21.25	63.55	46.88	122.92	89.59
59	17.09	13.55	30.00	22.92	68.75	51.05	133.34	97.92
60	22.09	14.38	40.00	24.59	93.75	55.21	183.34	106.25
61	23.13	15.21	42.09	26.25	98.96	59.38	193.75	114.59
62	24.17	16.05	44.17	27.92	104.17	63.55	204.17	122.92
63	25.42	17.09	46.67	30.00	110.42	68.75	216.67	133.34
64	26.67	22.09	49.17	40.00	116.67	93.75	229.17	183.34
65	28.13	23.13	52.09	42.09	123.96	98.96	243.75	193.75
66-75	RATES AVAILABLE UPON REQUEST							

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A buyer's guide
by Sharon O'Malley

Home Office

Whether you're working full-time from a spare bedroom or banging out the PTA newsletter at your kitchen table, your job will be easier with one of these ultra-modern gizmos for the home office.

1. Green Apple

The sleek, green iMac is turning up in home offices because it's colorful, fast and comes out of the box ready to surf the 'Net. The iMac, which hit store shelves in August, runs on the Mac OS 8.1 operating system, has a high-speed microprocessor and features one-button Internet access. It costs around \$1,299 at computer and electronics stores. Call (800) 767-2775 for more information.

2. Big prints

If your kids—or you—want to print out birthday banners, school newspapers or other big projects, the Canon BJC-5000 is the printer for you. It can handle paper as large as 11 inches by 17 inches—a size larger than most affordable ink-jet printers. Printing is fast because two cartridges work together, each printing half of the page. The printer sells for around \$229 at computer stores. Call (800) 652-2666 to find one near you.

3. Good idea

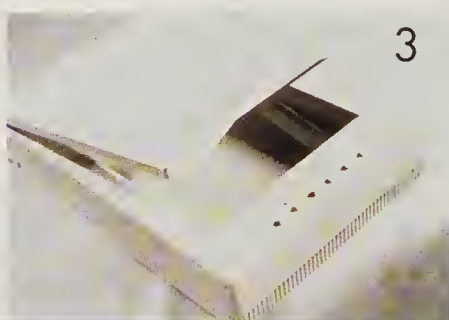
So you're tinkering with a home page for your family or your home-based business. Or maybe you want to add the family photo to a computer-generated greeting card. Use IBM's IdeaScan to scan your pictures. The scanner, designed for light home office work and family fun, lets consumers capture images digitally and edit them. Once a picture is scanned, it can be sent over the Internet, posted on a family Web site or placed in creative desktop publishing documents. IdeaScan doubles as a color copier and is available at computer stores for around \$129. Call (800) 426-7235 for more information.

4. Palm top

Lately, everyone has a palm-sized organizer that works both in conjunction with a computer and independently. The tiny organizer keeps important data—like appointments, phone numbers, expenses, even e-mail—in the palm of your hand, literally, wherever you go. It lets you enter, access and update the information you need. The Palm III by 3Com is the third generation of that company's award-winning series of small organizers; it sells for \$369. Its granddaddy, the Palm Pilot, retails for around \$249 at computer stores. Call (408) 326-5000.

5. Touch and go

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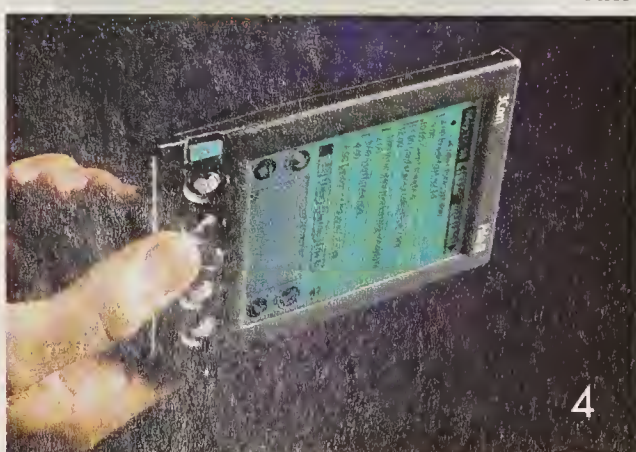
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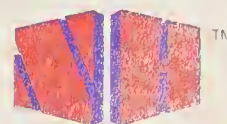
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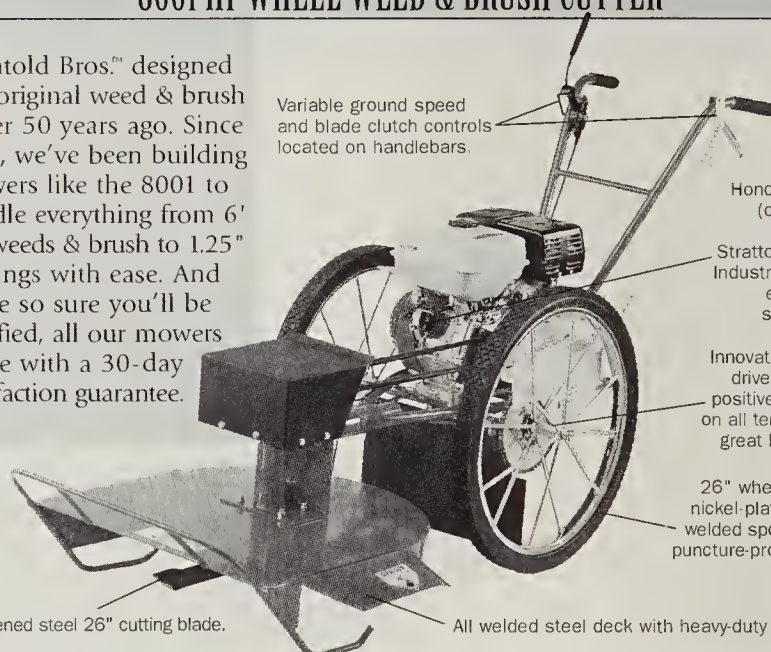
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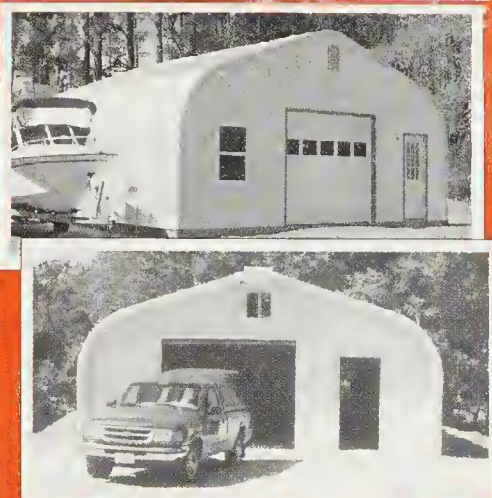
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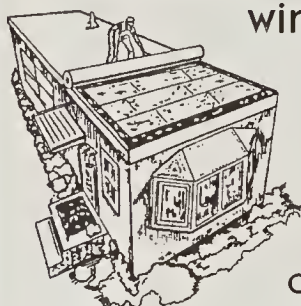
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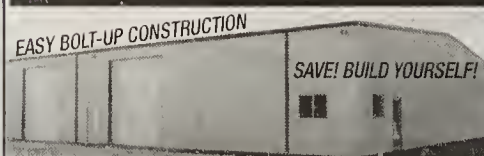
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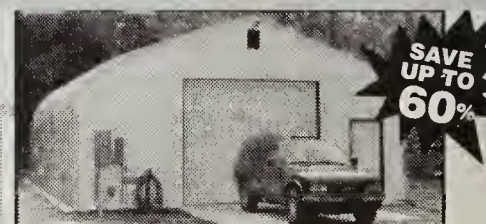
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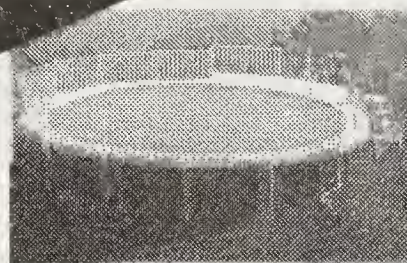
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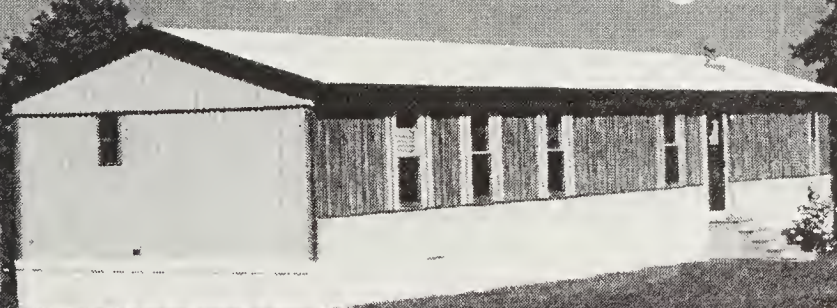
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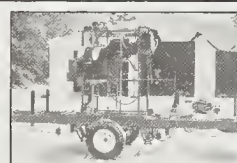
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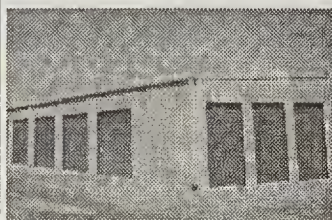


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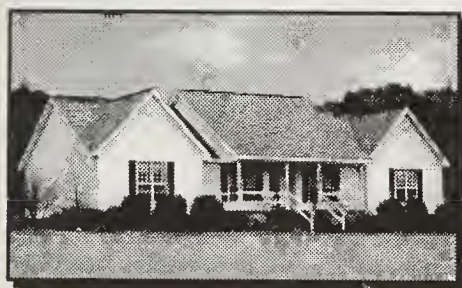
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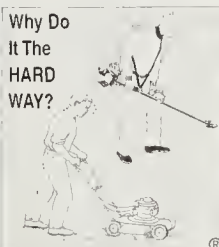
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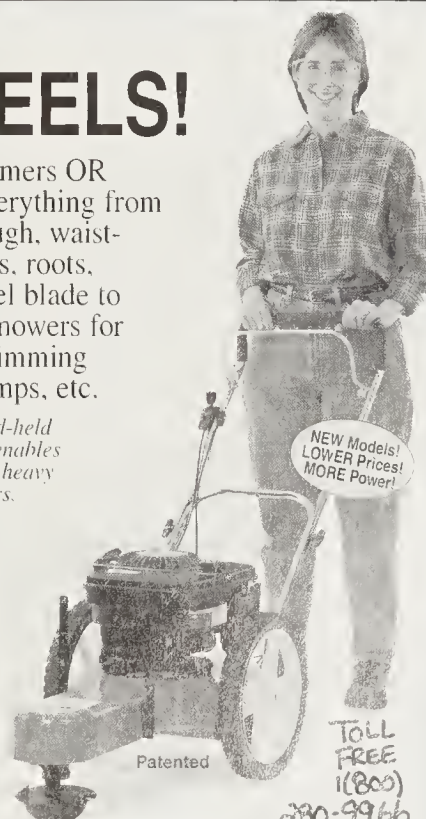
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June 19, Jefferson
Jefferson Methodist Church,
7:30 p.m., \$5 adults, \$3 stu-
dents, (828) 246-ARTS

**Miller-Rowe Consort
Concert**
June 19, Blacksburg, S.C.
Kings Mountain National
Military Park, 7:30 p.m.,
(864) 936-7921

Main Street Antique Show
June 19, Hendersonville
Downtown, 9 a.m.-5 p.m.,
(828) 692-9057

Miniature Horse Race
June 19, Taylorsville
Bryant Farm, 6 p.m., free,
(828) 632-3043

Father's Day in the Forest
June 20, Pisgah Forest
Cradle of Forestry,
(828) 877-3130

"Cole"
June 23-July 11,
Blowing Rock
Blowing Rock Stage Company,
(828) 295-9168

Gallery Exhibit
June 25-July 27, Asheville
Weavings, silk screen, wood,
Folk Art Center,
(828) 298-7928

Doll Show & Sale
June 26, Brevard
American Legion Building,
9:30 a.m.-3:30 p.m., \$2,
under 12 free,
(828) 884-4953

Mountain Home Music
June 26, Boone
Traditional singer Betty Smith,
Valborg Theater, ASU, 8 p.m.,
\$10, (828) 264-8118

Summer Arts Festival
June 26, Waynesville
Performing Arts Center,
11 a.m., (828) 452-0593

"A Final Farewell"
June 26-27, Burnsville
Historic one-act play,
The McElroy House,
(828) 682-3671

Singing on the Mountain
June 27, Linville
Grandfather Mountain, free,
(800) 468-7325

"The Merry Men"
June 27, Waynesville
Waynesville Public Library,
3 p.m., free, (828) 452-0593

**Wood Kiln Opening
and Heritage Day**
June 26, Blowing Rock
Bolick and Traditions Pottery,
8 a.m.-5 p.m.,
(828) 295-3862

Freedom Festival
July 2-4, Waynesville
Haywood County
Fairgrounds, free,
(828) 926-0761

Piedmont (between I-77 & I-95)

Senior's Day
June 2, Greensboro
Piedmont Triad Farmers
Market, 10 a.m.,
(336) 605-9157

Blueberry Day

June 4, Raleigh
N.C. State Farmers Market,
(919) 733-7417

Antique Bottle & Collectibles**Show and Sale**

June 4-5, Lumberton
National Guard Armory, free,
(910) 738-6075

N.C. Triangle Komen**Foundation Race for the Cure**

June 5, Raleigh
5K, supports breast cancer
research, Meredith College,
(919) 493-CURE

Bike Rodeo

June 5, Greensboro
Children, Piedmont Triad
Farmers Market, 10 a.m.,
(336) 605-9157

Heritage Day Festival

June 5, Landis
9 a.m.-11 p.m., (704) 857-2411

Pow Wow

June 5-6, Raleigh
N.C. State Farmers Market,
(919) 733-7417

Rail Days

June 5-6, Spencer
N.C. Transportation Museum,
(704) 636-2889

"Perfect Wedding"

June 11-27, Sanford
Comedy, Temple Theatre,
(919) 774-4512

"Enrico IV"

June 11-12, 17-20, 24-26,
Raleigh
Play, Theatre in the Park,
(919) 831-6936

Antique Power Festival

June 11-12, Albemarle
Stanley County Fairgrounds, \$4,
under 12 free, (704) 982-6707

African American**Heritage Festival**

June 12, Sedalia
Charlotte Hawkins Brown
Memorial, 10 a.m.-6 p.m.,
(336) 449-4846

They Called That Fun?

June 12, Pinnacle
100 years of kid games, Horne
Creek Farm, 11 a.m.-5 p.m.,
(336) 325-2298

N.C. Artists Exhibition

June 13-Aug. 8, Raleigh
N.C. Museum of Art,
(919) 839-6262

"Come Forth As Gold"

June 18-Aug. 7, Stanfield
Drama, Reed Gold Mine,
(704) 721-4653

Hog Day

June 19, Hillsborough
Downtown, 9 a.m.-7 p.m.,
(919) 732-8156

Gold Bicentennial Festival

June 19-20, Stanfield
Reed Gold Mine,
(704) 721-4653

The Embers in Concert

June 22, Wake Forest
Downtown, 6:30 p.m.,
(919) 556-1519

At Grandfather's Knee

June 26, Pinnacle
Storytelling and activities, Horne
Creek Farm, 1-3:30 p.m.,
(336) 325-2298

Western Film Fair

June 30-July 3, Charlotte
Hyatt Charlotte at South Park,
(704) 365-2368

Southeast Old Threshers' Reunion

June 30-July 4, Denton
Denton FarmPark,
(336) 859-2755

Granville County Gold: History of Tobacco

Through late spring, Oxford
Granville County Museum,
(919) 693-9706

Studio Glass Exhibit

Through July 4, Charlotte
Harvey K. Littleton collection,
Mint Museum of Craft + Design,
(704) 337-2000

Old-Fashioned Fourth of July

July 4, Rolesville
Rolesville Community Park, 5-
11 p.m., (919) 556-5125

Art Exhibit

Through Aug. 22,
Winston-Salem
Work of Edward Hopper,
Reynolda House,
(336) 725-5325

Coastal Plain (east of I-95)**Colonial Country Dance**

June 2, 9, 16, 23, 30, New Bern
Tryon Palacc, 7:30 p.m.,
(252) 514-4900

Scots Heritage Day

June 5, Currie
Moore's Creek National
Battlefield, (910) 283-5591

Family Fun on the Farm

June 5, Elizabeth City
Museum of the Albemarle,
12-4 p.m., free, (252) 335-1453

Dinner Theater

June 5 & 19, Rose Hill
Duplin Winery, 7 p.m.,
(800) 774-9634

Miniature Art Show

June 7-30, Elizabeth City
Pasquotank Arts Council Gallery,
free, (252) 338-6455

Summer Reader's Theatre

June 9, Elizabeth City
Historic waterfront, 7 p.m., free,
(252) 338-1697

Farmer's Day

June 12, Fremont
Charles B. Aycock Birthplace,
12:30-4:30 p.m.,
(919) 242-5581

Irises for the Garden

June 12, New Bern
Tryon Palace auditorium, 10
a.m., (252) 514-4900

River City Bass Blast IV

June 12-13, Elizabeth City
Bass tournament, Pasquotank
River, \$120 per boat,
(252) 771-5407

River City Coca-Cola

Powerboat Rampage
June 12-13, Elizabeth City
Waterfront, free, (252) 335-2596

N.C. Symphony Concert

June 14, New Bern
Tryon Palace, 7 p.m.,
(252) 514-4900

Darden Family**Bluegrass Festival**

June 18-19, Mapleton
(Murfreesboro)
(252) 398-4478

Modified Truck & Tractor Pull

June 25-26, Harrells
Behind the firehouse, 7:30 p.m.,
\$10 adults, \$5 6-12, Free 5 and
under, (910) 532-4276

Model Powerboat Regatta

June 25-27, Elizabeth City
A four-state event at Fun
Junktion, free, (252) 337-6600

Genealogy and**History Conference**

June 26, Elizabeth City
Knobbs Creek Recreational
Center, 10 a.m., \$20,
(252) 771-5935

Glory Days: Coastal Carolina Baseball

Through Oct. 31, Elizabeth City
Museum of the Albemarle, Free,
(252) 335-1453

Family Fun on the Farm

June 5, Elizabeth City
Museum of the Albemarle,
free, (252) 335-1453

Old Homes & Gardens Tour

June 25-26, Beaufort
(800) 575-7483

Antiques Show & Sale

June 25-27, Beaufort
(800) 575-7483

Deadlines:

Aug. . . . June 25
Sept. . . . July 26

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by Hank Smith

The first month of summer comes bearing gifts of fresh flowers and vegetables. Although unpredictable in recent years, the month usually is characterized by extensive dry periods. Water as needed to maintain plant growth and production. Conserve moisture by applying organic mulch over roots of plants. Hurry with late plantings of gladiolus, Canna lilies, tuberose and caladiums in shady spots. It's not too late to set out summer bedding plants. Choose hardy annuals and perennials such as portulaca, salvia, periwinkle and zinnia. Select small plants rather than seed. Water faithfully and shade plants until they have become established in the new environment.



Now's the time to begin enjoying fruits of your labor.

Coolness with ferns

In addition to color from flowers, don't overlook the importance of creating "feelings of coolness" with ferns. Native and introduced ferns are hardy in a wide range of climates and exposures. The best of them are available from nurseries specializing in wild plants. Deciduous ferns are useful in covering unattractive maturing foliage of spring-flowering bulbs. Ferns grow high enough to cover the bulb bed. There are a few ferns that tolerate a limited amount of direct sunlight, but none demand it. Give them a spot protected from intense sunshine and cold or drying winds.

Caladiums brighten shade

Caladiums add coolness and color to shady spots. Used in borders, beds or containers, they brighten an otherwise bland situation. There's a wide choice of varieties. Perhaps the most popular is candidum, with snow white leaves and green netted veins. Varieties include shades of scarlet and pink. Plant tubers outdoors as soil is warm enough for rapid growth. Plant 12 to 18 inches apart and 2 inches deep in soil well fortified with organic matter. Keep soil moist but not wet.

Thin peaches

When peach trees are overloaded with fruit, proper thinning should greatly increase the size of remaining fruit and improve quality. Thinning can also prevent limbs from breaking from the sheer weight of developing fruit, and thus aid in controlling insect and disease problems. Thin by handpicking, spacing fruit 4 to 6 inches apart. Remove deformed or defective fruit first, then the smaller ones. In a good season, peach trees often produce more fruit than trees can adequately support, so a limited amount of self-pruning by dropping immature fruit is normal.

Iris care

Once bearded iris plants have finished blooming, cut flower stalks unless you want to obtain seeds. If plants need fertilizer (usually indicated by off-color

foliage), apply immediately after plants flower. Work fertilizer into soil around the plants. Use about a cup of 5-10-5 analysis for each large iris clump.

Select healthy wood for azalea cutting

A problem in rooting azaleas often can be traced to wood infected with *Cylindrococcidium*. A growing plant, one producing new leaves, seldom is killed; but cuttings from a diseased plant fail to root. Base of the cutting usually turns brown and becomes water-soaked. When roots form above the rotted tissue they live only a short time. In taking cuttings, be certain to use unblemished wood of bright green color.

Set vegetable plants

It's not too late to transplant tomato, pepper, eggplant and sweet potato plants to the vegetable garden. If rain is scant, water thoroughly for two or three days. Shading helps prevent wilting until plants are adjusted. A good mulch will provide a dirt-free cushion for crops such as melons, squash and cucumbers. Make a note in your garden notebook to do the same beneath strawberry plants next spring.

Vote for synthetic soils

Developed to help in the shortage of good-grade topsoil, synthetic soil mixes have become popular with home gardeners. Plants thrive in synthetic soils, both indoors and outdoors. These mixes are completely free of disease organisms, insect pests and weed seeds. Man-made mixes are consistently arable — they will not pack down, cake or harden. Topsoil substitutes often are a combination of perlite, vermiculite and sphagnum moss. They're very lightweight, roughly one-sixth that of an equal volume of topsoil. Synthetic soils are recommended for flowerbeds, vegetable gardens and container-grown plants. In most cases, synthetic soils will need frequent watering, as they tend to dry out faster than natural soils.

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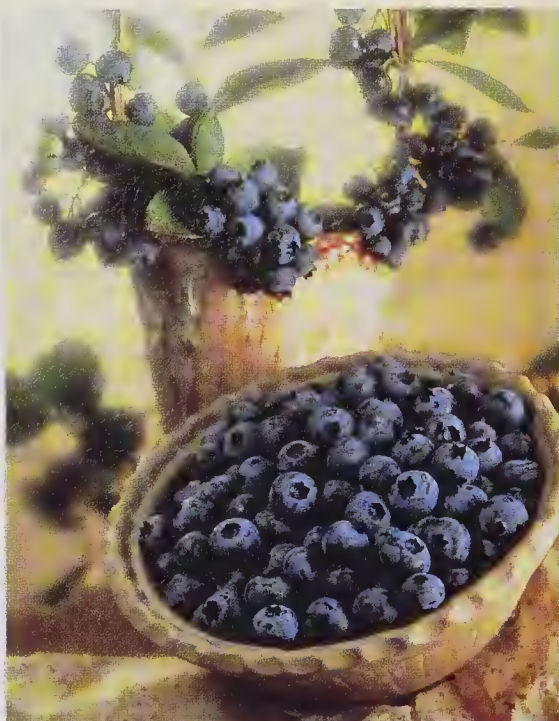
You'll know you're right and doing fine, if A and B add up to nine. X = 9 no matter what you choose for digit N.

How Much Is X?

15. Rutherford	1. Swann
14. Polk	2. Graham
13. Transylvania	3. Cherokee
12. Henderson	4. Clay
11. Buncombe	5. Macon
10. Yancey	6. Jackson
9. Mitchell	7. Haywood
8. Madison	8. Madison
24. Lincoln	9. Mitchell
25. Catawba	10. Yancey
26. Alexander	11. Buncombe
27. Wilkes	12. Henderson
28. Alleghany	13. Transylvania
29. Iredell	14. Polk
	15. Rutherford



Answers
Joyner's Corner



June is Blueberry Month

North Carolina growers became a factor in blueberry production over 60 years ago, starting with 100 acres of the bearing bushes. Today that production has grown to more than 2,900 harvestable acres from the coast to the mountains. Fresh North Carolina blueberries are available from mid-May until July.

Look for blueberries that are firm and dry. The skin should be smooth and deep purple-blue, with a silvery-white bloom. Store fresh blueberries covered in the refrigerator and use within 10 days of purchase. Wash just before serving.

Remember to buy plenty of extra blueberries to freeze and enjoy during all seasons. Properly stored, frozen blueberries will last up to two years.

Blueberries have been found to have exceptionally high levels of antioxidants. They are also low in calories, virtually fat free, a good source of fiber, sodium-free, and a high in vitamin C.

For more recipes send a stamped self-addressed business envelop to: Celebrate Blueberries, Southeast Marketing Center, P.O. Box 974, Roseboro, NC 28382.

Red, White and Blueberry Cheesecake

- 8 sheets (about 13 by 14 inches each) thawed frozen phyllo dough
- 1/4 cup butter or margarine, melted
- 2 packages (8 ounces each) cream cheese
- 1/2 cup sugar
- 1 teaspoon vanilla extract
- 2 eggs
- 2 cups fresh blueberries, divided
- 1/2 cup strawberry jelly
- 1 cup whipped heavy cream or nondairy whipped topping (optional)

Preheat oven to 425 degrees. For crust: Grease a 9-inch pie plate; set aside. On a flat surface place 1 sheet phyllo and butter to make eight layers. Using kitchen scissors cut layers into a 12- to 13-inch circle. Carefully press circle into prepared pie plate; gently fan edges. Bake until edges are just golden, 6 to 8 minutes; cool slightly on wire rack. Reduce oven to 350 degrees.

For pie: In a medium bowl using an electric mixer, beat cream cheese, sugar and vanilla until light and fluffy. Add eggs; beat until well combined. Fold in one cup of the blueberries. Pour into prepared crust. Bake until set, 40 to 50 minutes. To prevent over-browning of crust, gently cover with foil the last 25 minutes of baking; cool completely on rack.

To serve: In a small bowl, beat jelly until smooth; spread over cheese filling. Arrange remaining blueberries on top in star shape. Garnish with whipped cream, if desired. Yield: 8 to 10 portions.



Fruit Cobbler

- | | |
|---------------------------|---|
| 2 cups fresh blueberries | 1/2 teaspoon salt |
| 2/3 cup all-purpose flour | 2/3 cup sugar |
| 1/2 cup sugar | 2/3 cup milk soured with 1 teaspoon lemon juice |
| 2 teaspoons baking powder | 1/4 cup butter |

Mix blueberries and sugar together and set aside. Melt butter in a glass baking dish. Sift flour, baking powder and salt in a bowl. Add sugar to the flour mixture along with the milk and vanilla. Mix until moistened. Spoon batter into baking dish. Spoon blueberries into the center of the batter. Do not stir. Bake at 350 degrees until golden brown, about 50 minutes.

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(RG52283-51) Grand Total	\$

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